



WATERMEN
PERFORMANCE
CENTER

SUP TRAINING CAMP OCEAN SKILLS & DW SOUTH FUERTEVENTURA

DATES:

31.01. - 07.02.2026

LA LAJITA - FUERTEVENTURA

**SPECIAL SUP TRAINING CAMP
FOR OCEAN PADDLING SKILLS**

**ORGANISED BY
WATERMEN PERFORMANCE
CENTER**

4 SPOTS ONLY !

Info

- 6 days training camp
- high quality material
- professional coaching team
- small group training - 4 spots only

Content:

- video analysis - technique & injury prevention
- ocean skills training
- downwind & long distance (regarding conditions)
- 1 sessions a day
- specific trainings session for ocean paddling
- mobility & safety on board
- schedule regarding conditions
- other activities(Stretching, Mobility training etc.)

Dates:

31.01. - 07.02.2026 Intermediate & Advance level

Price:

- 1000 € p.P. for SUP including material rental
- Accomodation & transfers on demand and additional

Infos & registration: susanne@paddlefit.ch

See you on the island !